

On Your Own

A Daily Prayer: Lord God, open my eyes, my heart and my mind to hear You today. I know that You will speak to me if I will just listen. I want this study to be forever life-changing, and by Your power, it can be done. What do You want me to learn? Lord, in the quiet of my heart, I am listening. Amen.

- 1 Why do the words “exam,” “test,” and “checkup” cause us to moan and groan?
- 2 How can you examine your spiritual condition? How do you know when the Holy Spirit is directing you?
2 Corinthians 13:5
Haggai 1:5
- 3 Describe areas of your spiritual life that should improve or change. What actions cause a twinge in your “conscience” or spirit?
- 4 What requirement is essential for a relationship with God?
- 5 You must be honest with yourself to look into a few areas that you would rather hide.
Psalm 19:12 – 14

What is the psalmist asking God to do?

Can you pray this prayer for yourself?
- 6 What hidden sins do you have?
Psalm 139:23 – 24
Psalm 119:29

- 7 Sit quietly and really listen to God. What is His Spirit nudging you to do?

What thoughts and actions of yours does He bring to your mind?

What is the spiritual birth that Jesus talks about in John 3:1 – 5?

Describe when and how you experienced it.
- 8 God gives us a glorious hope.
1 Peter 1:3
1 John 5:1

How does God keep us secure forever?
John 10:27 – 29

What does Jesus want you to understand from these verses?
- 9 Jesus will work with you daily.
Philippians 1:6
1 Peter 1:5
Jude 1:24 – 25

How involved is God in helping and protecting you? Read those three verses again and insert your own name into them.
- 10 What assurance does God give us that we will have eternal life?
1 John 5:13
John 20:30 – 31
- 11 How can you know for certain that you have eternal life?
- 12 What is the supreme desire of **your** life?



The Adventure That Lasts For Eternity

Summer 2011

**Session 2
Spiritual Checkup**

On Your Own Discussion

Life Inventory

Examining Your Church Experience

Reaching God

Knowing God Through Christ

Personal Preparation

God's Promises

Discussion

Bible Study Questions

- Which Bible verse, quote or question did you find particularly meaningful? Why?
- What specific thing have you done since the last session to apply what you have learned in the Bible study?

The Video

Life Inventory

- Your spiritual health
- Your relationship with God
- Your faith foundation
- 2 Corinthians 13:5

Examining Your Church Experience

- Spectrum of religious experiences
- Not enough to reach heaven

Reaching God

- My merit, my effort
- A personal relationship
- You can talk to Him
- Only through Jesus

Knowing God Through Christ

- Can be secure, despite your imperfections
- James 2:10
- End eternal uncertainty
- He is ready to respond

Personal Preparation

- Respond to Jesus

I am a sinner. I have sinned against You and I am sorry.

And I do believe that Jesus Christ is Your Son who died for my sins on Calvary's Cross.

And right now I want to invite Him to come into my heart and into my life.

And I surrender. And I want Him to guide me and direct me through life, and I want to live my life for Him from this day forward.

- You can be confident and secure
- This can continue beyond your death
- Eternal promises

God's promises

- John 10:28
- You will never perish
- You will be secure in God's hand

Discussion Questions

- 1 What is meant by the term "spiritual health?" How do you know if your spiritual condition needs improvement?
- 2 How has your involvement in a church fulfilled you OR left you feeling empty?
- 3 How does a person reach God?
- 4 How do you know for sure that you truly have a relationship with Jesus Christ?